

Gunstock Cross Country Trail Map



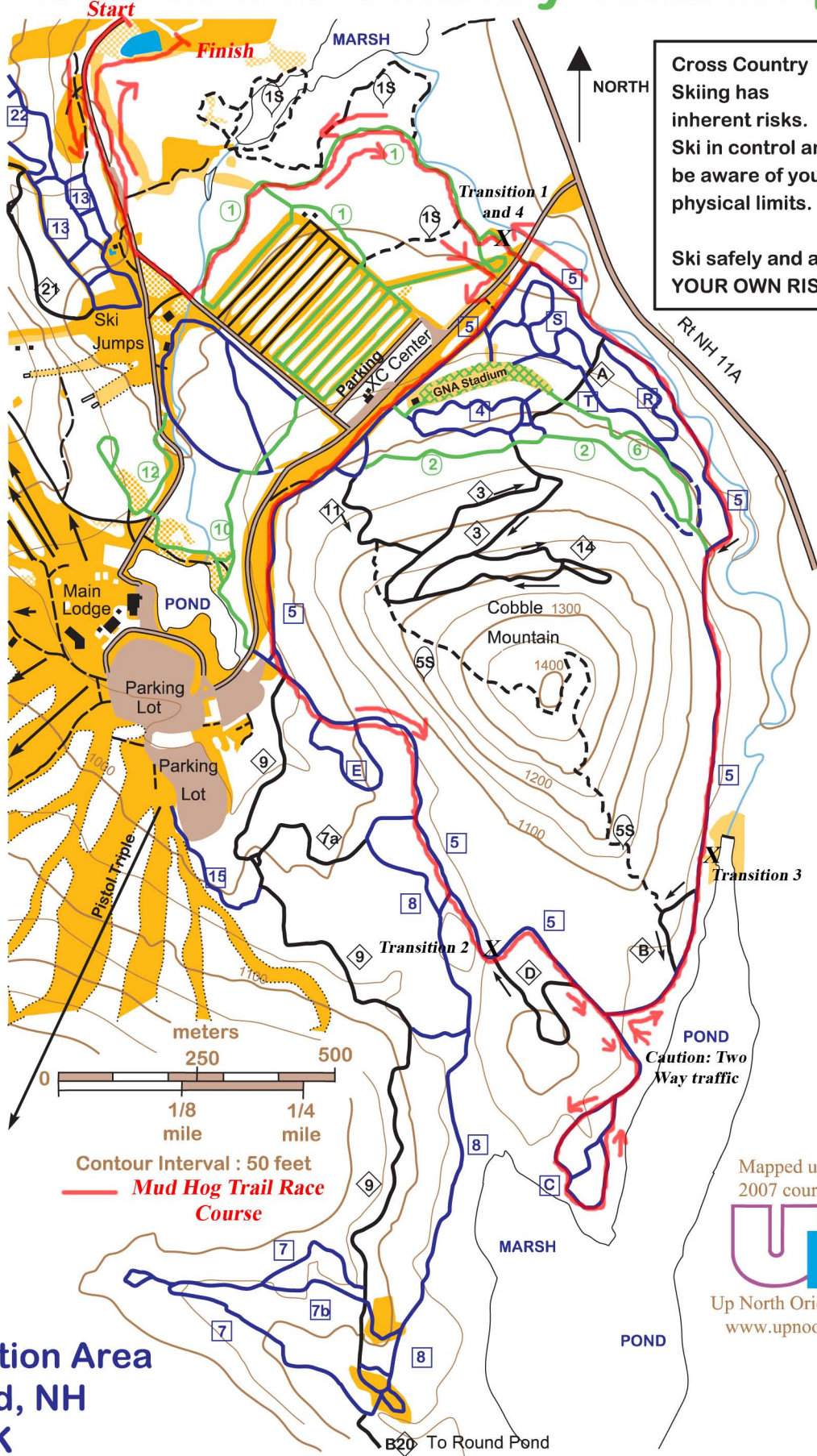
Trail Courtesy & Rules

- Pets are forbidden on trails, except for ski-joring.
- Do not walk on ski tracks. If you must walk, please walk off to the side.
- Use skating technique in skating lanes only; do not skate on tracks.
- Do not litter; carry out what you carry in.
- Check Trail conditions board at XC Center before heading out.
- Please fill in any sitzmarks you may make.
- Please remove skis and cross carefully at all road crossings.

Cross Country Skiing has inherent risks. Ski in control and be aware of your physical limits. Ski safely and at YOUR OWN RISK.

○ Easiest	◇ Most Difficult
 More Difficult	 Back Country

1 Brook Run	17 Recurve
2 Long Bow	12 Breezy Knoll
3 Compound	13 Quarry
4 Broadhead	14 Target
5 Cobble Mtn	15 Connector
5A Chute	16 Ridge
B Race	17 Try Me
C Rock	18 Rowe's Revenge
D Knoll	19 Rollercoaster
E Wood	20 Round Pond
R Aim	21 Nina's Trail
S Nock	22 Igor's Trail
T DryFire	Snowshoe only Trails
6 Quiver	1S Boardwalk
7 Oak	5S Cobble Crown
7a Short Oak	16 Ridge
7b Fire Cut	S Open Areas / Ski Trails
8 Birch	
9 Maple	
10 Lakeside	



Mapped updated 2007 courtesy of:

 Up North Orienteers
www.upnoor.org

Gunstock Recreation Area
 Route 11A, Gilford, NH
 1-800-GUNSTOCK
www.gunstock.com